

# RUGBY CROSS COUNTRY RESULTS

**Four Winds/Warwick Invitational, Saturday, September 29, 10:30 a.m.  
Site – Four Winds High School Athletic Complex - Fort Totten, ND**

## **Varsity Girls (4000 Meters)** 34 runners

Lauren Christenson – 5th place - 17:06  
Bailey Nelson – 6th place - 17:23  
Tristin Lunde - 7th place - 17:23  
Hannah Christenson - 8th place - 17:41  
Allison Foster - 9th place - 17:50  
Jessica Blessum - 11th place - 18:33  
Alexis Thompson - 12th place - 18:42  
McKenzie Johnson - 15th place - 19:16  
Jenna Fossum - 18th place - 19:25  
Camille Klein - 23rd place - 20:51  
ReeAnn Christianson - 28th place - 22:00  
Sierra Jundt - 29th place - 22:21  
Canya Fly - 31st place - 22:49  
Tashal Trottier - 32nd place - 23:33  
Aubrey Hovland - 33rd place - 23:39

Team Results: **1. Rugby - 35**, 2. Langdon Area - 85, 3. Pembina County North - 117, 4. Larimore - 121,  
5. North Star - 126, 6. Dunseith - 143, 7. Four Winds/Warwick - 145, 8. Devils Lake - 151

Individual Winner: Madison Gapp - Langdon Area - 16:01

## **Varsity Boys (5000 Meters)** 29 runners

Nolan Hovland - 10th place - 22:08  
Noah Kraft - 17th place - 23:16  
Brady Fossum - 18th place - 23:16  
Tyler Schmaltz - Did Not Finish

Team Results: 1. Langdon Area - 69, 2. Larimore - 79, 3. Devils Lake - 88, 4. Pembina County North - 92,  
5. Dunseith - 96, **6. Rugby - 106**, 7. Four Winds/Warwick - 122, 8. Munich - 132, 9. North Star - 141

Individual Winner: Lucas Nadeau - Dunseith - 18:49

## **Junior High Girls (3000 Meters)** 16 runners

Shailah Strand - 15th place - 17:57

Individual Winner: Christin LaRock - Four Winds/Warwick - 14:32